

## Unity Agreement

### Terms of Entrance into WholyFit Certification Program

DISCLOSURE I. I AGREE WITH WHOLYFIT VALUES OF "PROFESSIONAL PEOPLE," "PROCLAIMING TRUTH," and using "PROVEN METHODS." Therefore, I have made a personal commitment, that once I begin WholyFit training, I will not attend any class or training with the name "yoga" in it - both now and in the future at any time (whether christian or otherwise - whether or not it promotes yoga philosophies.) I understand that my participation in yoga will void my WholyFit certification which means I will no longer represent WholyFit in any way, and can no longer use any training received by WholyFit. Rather, I will invest my time in training with WholyFit programs and in addition, might receive other non-yoga trainings/classes containing proven methods. I agree with the WholyFit value of professionalism. I will stay certified by continually subscribing to Fitness Pros for Christ. (\$50/year.) Continuing Education through Re-certification is industry standard. As a Fitness Professional (to avoid professional negligence) I will be responsible to stay current in my WHOLYFIT GBP certification.

DISCLOSURE II. I AGREE WITH THE WHOLYFIT VALUES OF PROPER PACE AND PERSONAL CARE. Therefore I have made a personal commitment to maintain the originality, integrity and content of WholyFit programs. I will use only WholyFit exercises and techniques in my WholyFit/Gentle Body POWER (GBP) classes/trainings. I will not add exercises from other disciplines into my WholyFit/GBP classes/consultations. I will not add WholyFit exercises/techniques into sessions promoted by another name. I agree with the WholyFit value of proper pace. I agree that I may teach WholyFit group exercise or formal personal training only after I am Silver Certified and then, will teach only the basics (Layer 1.) I may practice teaching one on one with friends, but will not teach WholyFit in a health club, church or professional venue until properly certified as described here. Only after I am Gold Certified will I consider teaching advanced WholyFit exercises (Layers 2 and 3)

DISCLOSURE III: I AGREE WITH THE WHOLYFIT VALUE OF COMMUNITY and will maintain my identity as a WholyFit Certified Trainer (Instructor/Health Fitness and Wellness Consultant...) When I teach or train people with GBP technique/exercises in a gym, church or any other venue I have made a personal commitment to promote and characterize it as "Gentle Body POWER," "GBP," "WholyFit GBP," "WholyFit Gentle Body POWER," or "WholyFit." (I will not change the name.)

DISCLOSURE IV. I AGREE WITH THE WHOLYFIT VALUE OF PROFESSIONALISM. Therefore I will attend Gold Certification within two years of my Silver start up date. I will renew my certification every two years (from my Silver start up date) in order to continue my training with continued education, as is the industry standard for all professional certifications. I understand and agree to pay \$100 every two years to remain a "Fitness Pro for Christ" member and receive continuing education access.

**DISCLOSURE V. I AGREE WITH THE WHOLYFIT VALUE OF PROCLAIMING TRUTH.** Therefore I have made a personal commitment to not use yoga terminology; to avoid yoga philosophies, religions and practices (like Chakra opening through exercise). I will not use mantras, chanting, transcendental meditation, the "ohm" gesture or music with New Age lyrics or chanting elements and will avoid teachings on Kriyas, reincarnation and Karma etc... I will not refer to my classes or sessions as "yoga" and I will not teach any class called yoga. I will not sub any class or session called, "yoga" and will avoid sending double messages.

**Terms of Silver Certification 1:** WholyFit instructors will be given privileged information during and after certification and training. We ask that you protect privileged information and by your payment you agree you will not share training materials, trade secrets or WholyFit routine teacher materials, digitally or otherwise, with any person(s) including other WholyFit instructors, which you have received in connection with the WholyFit training program or at training events. Certification materials are copyrighted by WholyFit. Your acceptance into the program authorizes you to make one digital copy on one device only, and one printed copy, for your own personal use. Other than that, these materials may not be duplicated in any way. Passwords may not be shared. Your tuition payment and participation in this training is your acceptance of these conditions.

**Terms of Silver Certification 2:** The total cost of complete WholyFit Certification is broken into two payments. I enter into the WholyFit Certification process by agreeing to pay for both Silver and Gold certification within two years. Upon my deposit of \$549 for Silver I agree to pay the balance, which is the cost of Gold Training, within two years. If I do not pay for Gold tuition within 2 years from the start up date of Silver Training or my certification will lapse and need to be restarted. To restart a lapsed certification Gold Tuition payment is required plus \$100 refresher fee.

**Terms of Silver Certification 3:** You will receive trademark permission to publicly use the basics (Layer 1 exclusively) of the GBP system only after finishing your Silver Certification, which includes payment of Silver tuition to WholyFit, completion of photo coaching and your receipt of your completion "Silver Certified" certificate from WholyFit.

**Terms of Silver Certification 4:** No refunds will be made for WholyFit online Silver Training after completion of Orientation/Information meeting or after the passwords have been emailed by WholyFit to the email address on your unity agreement.

**Terms of Silver Certification 5:** If you do not complete all of the Silver training material within the 3-month Silver Training process, you will need to extend the Silver training period for an additional 3-months for \$100 or, before the 90 days are up, you can download the unfinished content for later use.

Terms of Payment for Gold Certification: No refunds will be made for Gold Certification tuition. If I need to cancel attendance, credit will be given for a future Gold Certification. I will receive trademark permission to formally teach and use the multi-layer exercises and techniques (Layer 1, 2, 3) of the GBP system only after finishing your Gold Certification, which includes completion of Gold Testout by WholyFit designated staff and receiving your "WholyFit Gold Certified" certificate from WholyFit.

I am in unity with the following (Christian Medical and Dental Association's) Statement of Faith. I believe:

- A. In the divine inspiration and final authority of the Bible as the Word of God;
- B. In the eternal God revealed in Holy Scripture as Father, Son and Holy Spirit;
- C. In the unique Deity of Jesus Christ, God's only Son, whose death and resurrection provide by grace through faith the only means of my salvation;
- D. In the transforming presence and power of the Holy Spirit.

WholyFit reserves the right to refuse certification and re-certification. No refund for teacher expenses or tuition will be made after the password has been emailed to the address on this application, or delivered by any other means, regardless of whether or not the material has been accessed. (Please indicate that you understand and agree.)

**LIABILITY RELEASE:**

I release WholyFit, Laura Monica, Connie & Oliver Haedener, Pam Collins as well as WholyFit employees, volunteers and their heirs from any liability associated with my involvement in WholyFit classes, certification, training and teaching. I acknowledge that I am taking the online and in person Gold Certification assuming all risk of personal injury, and do not have any medical conditions that would prevent safe completion of this course. (If I do, I have received a Doctor's medical release.) I understand that online training has inherent risks because the teacher is not present. My check mark constitutes my digital signature.

Upon beginning certification, WholyFit may list my name, state and country on [wholyfitclass.com](http://wholyfitclass.com) to help me promote my classes/services. Please indicate whether or not you wish for WholyFit to promote your classes/trainings.

If the terms of this unity agreement are broken, it will void my professional WholyFit certification and it will be revoked. No refunds will be made. As a WholyFit Certified Gentle Body POWER Trainer/Instructor/Health and Wellness Consultant I agree with WholyFit values and have made a personal commitment to maintain the originality, integrity and content of the program as well as my unique identity as a WholyFit Certified Gentle Body Power Trainer/Instructor/Health Fitness Consultant. I intend to operate in community and unity with WHOLYFIT. (Please write your full name here which constitutes your legal signature.)